

Youth Sports and Fitness  
Instructional and Camp Schedule FY25

YFS INSTRUCTIONAL & CAMP FY2025

October					
	Ages	Cost	Days	Time	Location
Moosercise	18mo-5yrs	\$30	Thurs.	1115-1200	Denegee
Grown Up & Me Exercise Class.					
Home School PE	5-18yrs	\$30	Wed.	1300-1400	YC
Gym Class. Focus of the month Gaelic Football.					
Moosercise PM	18mo-5yrs	\$30	Tues.	1730-1815	Denegee
Grown Up & Me Exercise Class.					
November					
	Ages	Cost	Day	Time	Location
Moosercise	18mo-5yrs	\$30	Thurs.	1115-1200	Denegee
Grown Up & Me Exercise Class.					
Home School PE	5-18yrs	\$30	Wed.	1300-1400	YC
Gym Class. Focus of the month Football.					
December					
	Ages	Cost	Days	Time	Location
Moosercise	18mo-5yrs	\$30	Thurs.	1115-1200	Denegee
Grown Up & Me Exercise Class					
Home School PE	5-18yrs	\$30	Wed.	1300-1400	YC
Gym class. Focus of the month wrestling.					
Moosercise PM	18mo-5yrs	\$30	Tues.	1730-1815	Denegee
Grown Up & Me Exercise Class					
Rock Tumble Roll	3-6yrs	\$55	M & W	1730-1815	Denegee
	7 - 18yrs	\$65	M & W	1815-1915	
Introductory tumbling class.					
Kicking it w/ Coach Nick	7-18yrs	\$65	3,5,10,12,13,17,19,20	1815-1915	YC
Introductory Kickboxing					
Winter Adventure Camp	7-18yrs	\$60	30th-31st	1000-1300	CB, BH
Tubbing, XC Skiing, & Archery Tag					

January					
	Ages	Cost	Day	Time	Location
Ice Fishing	7 - 18yrs	\$65	3rd	1000-1300	CL
Fishing through a hole in the ice.					
Moosercise	18mo-5yrs	\$30	Thurs.	1115-1200	Denegee
Grown Up & Me Exercise Class					
Home School PE	5-18yrs	\$30	Wed.	1300-1400	YC
Gym class. Focus of the month Soccer.					
Moosercise PM	18mo-5yrs	\$30	Wed.	1730-1815	Denegee
Grown Up & Me Exercise Class.					
Youth Arctic Ninja	7-10yrs	\$65	T&Th.	1730-1830	YC
	11-18yrs		T&Th.	1830-1930	
Obstacle course and Parkour.					
Winter Adventure Camp	7-18yrs	\$60	6th & 7th	1000-1300	CB, BH
Tubbing, XC Skiing, & Archery Tag					
February					
	Ages	Cost	Day	Time	Location
Moosercise	18mo-5yrs	\$30	Thurs.	1115-1200	Denegee
Grown Up & Me Exercise Class.					
Home School PE	5-18yrs	\$30	Wed.	1300-1400	YC
Gym Class. Focus of the month Archery & XC Ski.					
Dance	3-5yrs	\$30	Tues.	1730-1815	FFC
	6-13yrs			1815-1915	
Introductory dance class					
Arctic Ninja Camp	5-8 yrs	\$30	13th	1400-1500	YC
	9-18 yrs			1500-1600	
Obstacle courses and Parkour.					

Fee's are per child per instructional/camp

**NO DISCOUNTS/REDUCTIONS are available for instructionals or camps.**

Please read all emails from Youth Sports & Fitness for any changes and/or updates. (remember to check your spam folder)

**To register, please call Parent Central Services at (907)353-7713, Monday - Friday 0800 - 1600**



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March					
	Ages	Cost	Day	Time	Location
Moosercise	18mo-5yrs	\$30	Thurs.	1115-1200	Denegee
Grown Up & Me Exercise Class.					
Home School PE	5-18yrs	\$30	Wed.	1300-1400	YC
Gym Class. Focus of the month Basketball.					
April					
	Ages	Cost	Day	Time	Location
Moosercise	18mo-5yrs	\$30	Thurs.	1115-1200	Denegee
Grown Up & Me Exercise Class.					
Home School PE	5-18yrs	\$30	Wed.	1300-1400	YC
Gym class. Focus of the month dodgeball.					
May					
	Ages	Cost	Day	Time	Location
Moosercise	18mo-5yrs	\$30	Thurs.	1115-1200	Denegee
Grown Up & Me Exercise Class					
Home School PE	5-18yrs	\$30	Wed.	1300-1400	YC
Gym class. Sport of the month Baseball.					
Mini Adventure Camp	3-6yrs	\$30	27 & 28th	1100-1145	EP
Obstacles & Water Play					
Super Hero Action Camp	3-6yrs	\$55	28-30th	1200-1300	YC
	7-18yrs	\$60		1300-1500	YC
Kickboxing, Ninja Obstacle Course, & Archery					
Rock Climbing Camp	7-18yrs	\$60	29th	1200-1500	ODR
			30th	1100-1500	GR
Rock wall climbing and outdoor rock climbing					
Parents must provide transportation to Grapefruit Rocks					

Fee's are per child per instructional/camp

**NO DISCOUNTS/REDUCTIONS are available for instructionals or camps.**

Youth Sports & Fitness does not provide transportation to/from any instructional and/or camp locations.

June					
	Ages	Cost	Day	Time	Location
Mini Field Day	3-6yrs	\$30	2nd-4th	1000-1100	EP & CC
Tie Dying, Field Day & Chena Cove Water Olympics					
Brazilian Jiu-Jitsu	7-18yrs	\$60	2nd-5th	11-1230	YC
Intorduction to Brazilian Jiu Jitsu					
Adventure Camp	7-18yrs	\$60	10th-13th	1200-1500	ODR, EP, CC, & GP
Rock climbing, Archery Tag, Chena Cove Water Olympics, Chena River float					
Frontier Camp	7-18yrs	\$60	23rd-26th	12-1500	BH, EP, MP
Hiking, Learn Basic Camping Skills, Archery,Kickball & Fishing					
July					
	Ages	Cost	Day	Time	Location
Float Camp	7-18yrs	\$60	June 30th - 2 July	1200-1500	CC,TL,EP
Kayak, Paddle Board & Raft					
Adventure Camp	7-18yrs	\$60	7th-10th	1200-1500	ODR, EP, CC, & GP
Rock climbing, Archery tag, Chena Cove Water Olympics, Chena River float					
Soccer Camp	3-4yrs	\$30	14th-17th	1300-1345	EP
	5-18yrs	\$45		1400-1500	
Soccer skills and drills					
Mini Adventure Camp	3-6yrs	\$30	16th-17th	1100-1145	EP
Obstacle Course & Water Play					
Super Hero Action Camp	5-6yrs	\$55	21st-23rd	1200-1300	YC
	7-18yrs	\$60		1300-1500	
Kickboxing, Ninja Obstacle Course, & Archery					
Fishing Camp	5-18yrs	\$45	21st-24th	1000-1100	
Catch & Relase fishing					
Dance Camp	18mo-4yrs	\$30	28th-31st	1300-1345	YC
	5-18yrs	\$45		1400-1500	
Intro to dance					

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August					
	Ages	Cost	Day	Time	Location
Moosercise	18mo-5yrs	\$30	Thurs.	1115-1200	Denegee
<b>Grown Up &amp; Me Exercise Class.</b>					
Home School PE	5-18yrs	\$30	Wed.	1300-1400	YC
<b>Gym class. Activity of the month bootcamp.</b>					
Fishing	5-18yrs	\$55	M & W	1730-1830	MP,S6, CC,GP
<b>Catch &amp; Release fishing on Fort Wainwright.</b>					
Golf	5-18yrs	\$100	T	1730-1830	CB
<b>Introductory golf lessons.</b>					
September					
	Ages	Cost	Day	Time	Location
Moosercise	18mo-5yrs	\$30	Thurs.	1115-1200	Denegee
<b>Grown Up &amp; Me Exercise Class.</b>					
Home School PE	5-18yrs	\$30	Wed.	1300-1400	YC
<b>Gym class. Activity of the month Brazilian Jiu Jitsu.</b>					

Locations
<b>Denegee:</b> CDC 3588 Neely Rd Fort Wainwright, AK (beside base vet clinic)
<b>YC:</b> Youth Center; 4109 Neely Rd Fort Wainwright, AK
<b>ODR:</b> Outdoor Recreation; 4050 Glass Dr Fort Wainwright AK
<b>CB:</b> Chena Bend Golf Course; 2090 Montgomery Rd Fort Wainwright AK
<b>GP:</b> Glass Park
<b>EP:</b> Engineer Park Sports Complex; Fort Wainwright AK
<b>FFC:</b> Frayer Fitness Complex
<b>CC:</b> Chena Cove
<b>BH:</b> Birch Hill Ski Area; 1169 Ski Rd Fort Wainwright AK
<b>CR:</b> Chena River Recreation Area
<b>TL:</b> Tanana Lake; 4400 S. Cushman St Exd Fairbanks AK
<b>MP:</b> Memorial Pond; Fort Wainwright AK
<b>AC:</b> Aquatic Center
<b>S6:</b> Site 6; Fort Wainwright AK
<b>GR:</b> Grapefruit Rocks; MP39 Elliot Highway Fairbanks AK
<b>Parents must provide transportation to Grapefruit Rocks</b>

Fee's are per child per instructional/camp

NO MULTI CHILD REDUCTIONS FOR INSTRUCTIONAL OR CAMPS

Volunteer coach discounts are NOT available for instructional or camps.

To register your child/ren

Please contact Parent Central Services

In person at 3414 Rhineland Ave Fort Wainwright AK

or

Call (907)353-7713

For questions about instructional programs or camps,  
please contact Youth Sports & Fitness at (907)361-4473

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